

# THE BROAD REACH

Volume 9, Number 5, July 1996

Internet- <http://members.aol.com/lwsa>

A Publication of The Lake Winnepesaukee Sailing Association

## Commodore's Corner

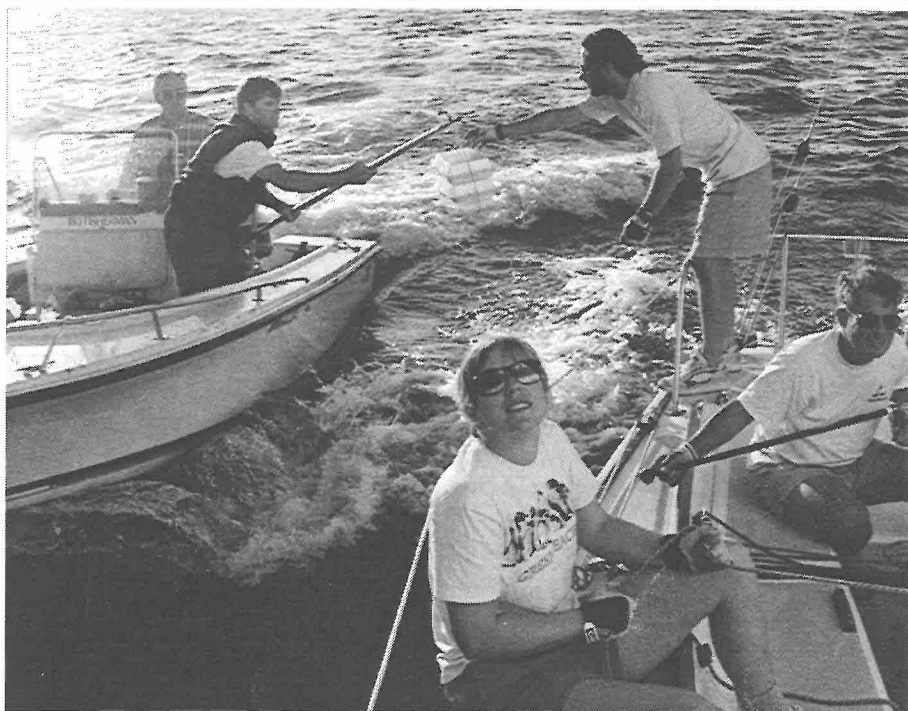
by Ray Lanza

The Labor Day Regatta is just around the corner. It's traditionally been the high-point of the season. It's also a major fund raising event for Youth Sailing with the Annual Youth Sailing Auction. We're committed to shortening this aspect of the event by decreasing the number of items being offered. We'd also like to run a more efficient auction. In past years auction items were received the day of the event. Items often arrived while the auction was underway. While we appreciate the donation of all items, items delivered the day of the event will be offered using a silent auction or be held over for next year. The bottom line is; get those items in early. Joyce Cotter has graciously agreed to collect them, contact her at 225-7398 as soon as possible!!

If you missed this year's Night Owl Express, you missed a GREAT event. For the second year in a row we used a new format. Unlike previous years where the race lasted all night with large periods of time spent in isolated bays with no wind, the new format keeps everyone in the more open areas of the lake where there's a better chance of good wind and easy navigation. The course is also designed to get everyone off the lake by 1:00 AM. This gives everyone a good night's rest before the breakfast/awards meeting at Patrick's Pub the next morning.

For the second year in a row we had ideal conditions, comfortable temperatures with 10 to 14 knots of wind. Your Commodore & Vice Commodore were race committee. We

*Continued Page 5*



Spaghetti dinner delivery during Night Owl.

## Meg Heckman Qualifies for Bliss Trophy

by Susan Sparks

While Olympic Sailors were fighting for Gold, Meg Heckman was fighting for the Bliss Trophy. The Bliss Trophy is part of the Smythe Cup Series, U.S. Sailing championship for ages 13 to 18 sailed in Lasers. The Bliss Trophy is awarded to the winner of the Area A Smythe Cup, the winner qualifies for the Smythe Cup Nationals. Meg is the first woman to qualify for the Bliss Trophy.

The regatta was held on August 3rd & 4th in Narragansett Bay out of the Saunderstown Yacht Club. Saturday came with light winds ranging from 5 to 8 knots, current of 5 knots and four foot rollers. Meg, being unfamiliar with current got an intimate look at all of the marks in the first race. As the day wore on Meg started to improve and antici-

pate the current, overstanding marks to allow for current and no wind.

Sunday was much like Saturday with lighter wind in the morning but building slightly in the afternoon. Four races were sailed on each day. The top two finishers were from the area and sailed away with the regatta. Third place was 20 points behind them, and 4th through 8th were 3 points apart. Meg finished eighth, but she had a good time and learned a lot. Dave Hughes, the other qualifier from the NSA finished sixth.

Meg got to the Bliss Trophy by winning the LWSA's race, then being one of the top four in the Western Regionals held July 7th in Sunapee. The next step was the Northern Sailing Association's (NSA) Championship in Portland on Sunday July

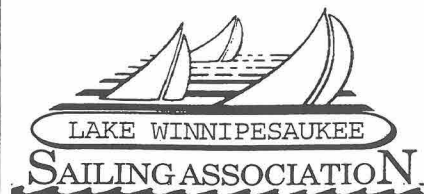
*Continued Page 5*

## 1996 Sailing Schedule

Date	Event	Location/Sponsor
07/13 Sat	Smythe Cup	Dartmouth/SC
07/16 & 17 Tues, Wed	Sears Bemis	Lake Champlain/SC
7/19 Fri	Single handed Race	WYC
7/20 & 21 Sat, Sun	WYC Commodore's Cup	WYC
7/20 & 21 Sat, Sun	Smythe Cup Finals	Portland/SC
7/23 & 24 Tues, Wed	Sears Bemis Finals	North Haven/SC
7/27 & 28 Sat, Sun	Night Owl Race & Breakfast	
7/27 & 28 Sat, Sun	Lake Champain Regatta	Lake Champlain/SC
08/10 Sat	The TBD Race	
08/24 Sat	Ice Cream Run	
8/24 & 25 Sat, Sun	Portland Regatta	Portland/SC
08/30 Fri Night	Frying Pan Race	
8/31 & 9/1 Sat, Sun	LWSA Labor Day Regatta	
09/02 Mon	Laser Shoot-Out	SC
09/07 Sat	Dartmouth Regatta	Dartmouth/SC
09/07 Sat	Pearson/Catalina/Beneteau Race	
09/14 & 15 Sat, Sun	J Jamboree	
10/06 Sun	WYC Cold Duck Race	WYC
	Laser racing Tuesday night	Sunapee
Starts 6/26	Laser racing Wednesday night	Winnepesaukee
	Laser racing Thursday night	Mascoma
	One Design racing Friday night	
Starts 6/14	WYC Friday night beer can series	WYC

## Classified Advertising

Classified ads may be placed up to two weeks prior to publication dates. Cost is \$.50 per word for members, \$1.00 non-members. Make checks payable to LWSA, and remit with ad to Dave Mackey, Box 600, New Boston, NH 03070



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 Ed Philpot, One Design  
 D. Hammond, Int. Broad Reach  
 Ray Lanza, PHRF

The Broad Reach is a publication of the Lake Winnepesaukee Sailing Assoc. It is circulated to fulfill our non-profit charter which is "...to encourage the sport of sailing.." Each issue costs approximately \$250 to produce. If you are receiving these issues as a member we thank you for your support. If you are not a member, we ask that you consider a tax deductible membership [501(c)(3)] to help us defray publication costs. Thank you.

The Broad Reach is published on a monthly basis during the season. All materials for publication are due 7 days after the monthly meeting. The Broad Reach is a publication of the Lake Winnepesaukee Sailing Association (LWSA), PO Box 7047 Gilford, NH 03247. Publication or use of any material from The Broad Reach is not authorized without written permission. Further, The Broad Reach and LWSA disclaim responsibility for typographical errors other than the obligation to print a notice of correction.

Submit materials by mail (3.5" disk preferred). To the editor PO Box 600 New Boston, NH03070. or Email: k1ka@aol.com

Size	12 Issues	6 Issues	3 Issues
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1/3 page	\$350	\$200	\$135
1/4 page	\$300	\$175	\$100
1/8 page	\$175	\$100	\$70

The Broad Reach is Circulated to more than five hundred Lakes Region sailors and sailing enthusiasts. Commercial support for The Lake Winnepesaukee Sailing Association, a non-profit organization, can be acknowledged with space advertising according to the above schedule. To place an advertisement contact the editor: Dave Mackey (603) 487-2677-eves. (603) 644-3555-days. Deadlines for finished copy are the forth Friday of each month. Design and production help is also available.



VARNNEY POINT ROAD  
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by Catalina Yachts

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Demo Boat: ~~\$3995~~ \$2500

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**Announcing**

**The 1996  
Labor Day Regatta**

Sponsored by the:  
**Lake Winnepesaukee  
Sailing Association**

**Date:** Friday Aug 30 - Mon Sept 2

**Racing Format:**

Friday Night: Double Handed  
Frying Pan Race

Saturday and Sunday: PHRF Racing

Monday: Optional Laser Shoot Out

**Your Official Notice of Race  
Should have arrived by mail if you  
don't have it call:**

**Alan Kanegsberg 225-5635**

**Announcing**

**The 1996  
J-Jamboree  
One Design J-Boat Regatta**

Sponsored by the:  
**Lake Winnepesaukee  
Sailing Association**

**Date:** Sept. 14 - 15

**Request Your  
Official Notice of Race  
from:**

**Alan Kanegsberg 225-5635**

**Official Notice of Race  
Pearson  
Beneteau  
Catalina  
J Cruiser  
Cruising Yacht Race**

**Saturday, 7 Sept.**

sponsored by  
**Fay's Boat Yard**

PHRF reverse start (pursuit)  
island race  
Sign-up at Fay's at 10:00, start  
at 12:00

Awards after race; please bring  
munchies  
Prizes awarded for 1st, 2nd  
and 3rd for each manufacturer's  
type.  
(Capri = Catalina)  
1st overall prize - free haulout

**LWSA Membership Registration**

Name: \_\_\_\_\_

Spouse: \_\_\_\_\_

Street: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Night Ph: \_\_\_\_\_ Day Ph: \_\_\_\_\_

Children (wth ages): \_\_\_\_\_ Boat Name: \_\_\_\_\_



**US Sailing Association Membership Registration**

Please process my USSA Membership for 1996 at a rate \$35, (Instead of the regular rate of \$40). I understand that if I am a member of USSA that I will not have to pay an additional fee of \$5.00 or 10% of each event registration fee to cover the cost of insurance through USSA. This will provide full USSA Membership including a Rule Book, a subscription to *Sailing World* Magazine and all other membership benefits.

I/we are enclosing the following:

- \$ \_\_\_\_\_ for LWSA Family Membership Dues (\$75)
- \$ \_\_\_\_\_ for LWSA Single Membership Dues (\$38)
- \$ \_\_\_\_\_ for LWSA Youth Membership Dues 18 & under (\$15)
- \$ \_\_\_\_\_ for US Sailing Association Dues (\$35)

Total \$ \_\_\_\_\_ Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Send To: Lake Winnepesaukee Sailing Association • PO Box 7047 • Gilford, NH 03247

## Results WYC Commodore's Cup

Yacht	Skipper	R#1	R#2	R#3	Points	Place
<i>Racing A</i>						
TIME BANDIT	Kanegsberg	1	1	1	2.25	1
COHERENT	Sibson	2	2	2	6.00	2
HOT TUB	Thompson	3	3	8	14.00	3
MAIL-ORDER BRIDE	Pratt	5	6	3	14.00	4
PINOCCHIO	Knowles	6	4	4	14.00	5
MISCHIEF MAKER	Mackey	4	5	6	15.00	6
SHELBY MARIE	Azzara	7	7	8	22.00	7

### Racing B

IMPATIENT	Philpot	1	1	1	2.25	1
LEADING INDICATOR	Thibeault	2	2	2	6.00	2
LADY KERED	Lewis	3	3	7	13.00	3
CLASSY LADY	MacQuarrie	6	4	3	13.00	4
ARIEL	Hayes	5	6	4	15.00	5
TOTAM	Selig	4	5	7	16.00	6

### Cruising A

GOOD STUFF	Nickerson	1	3	1	4.50	1
20/20	Friedel	2	2	2	6.00	2
IMPETUOUS	Lanza	4	1	6	10.75	3
RESOLVE	Destrempe	5	4	3	12.00	4
WILDFLOWER	Fuller	3	5	4	12.00	5
SHAMROCK III	Mullen	8	6	5	19.00	6
CANDO	Giles	6	7	7	20.00	7

### Cruising B

REPRISE	Howe	1	1	1	2.25	1
BLUEBERRY PIE	Garland	2	2	3	7.00	2
SCOT-FREE	Massie	3	3	2	8.00	3
THE LILY PAD	Saliga	4	4	5	13.00	4
HAYFEVER	Hay	5	5	4	14.00	5
PEGASUS TOO	French	6	6	7	19.00	6

## Results Single Handed Race

### Racing

LADY KERED	Lewis	222	1:2010	1:0729	0.75	1
AIRBORNE	Roper	222	1:2346	1:1031	2.00	2
CLASSY LADY	MacQuarrie	174	1:2011	1:1159	3.00	3
FULL MOON	Kowalski	180*	1:2103	1:1210	4.00	4
TOTAM	Selig	162*	1:2203	1:1454	5.00	5
COHERENT	Sibson	129*	1:2107	1:1739	6.00	6
HOT TUB	Thompson	96*	1:2357	1:2428	7.00	7
SHELBY MARIE	Azzara	147*	DNF		9.00	9

### Cruising

THE LILY PAD	Saliga	240	1:2712	1:1144	0.75	1
GOOD STUFF	Nickerson	177*	1:2101	1:1226	2.00	2
CANDO	Giles	156	1:1915	1:1257	3.00	3

\* Uncertified handicap (Non-PHRF Member)

## Lake Sailor's Quiz

How well do you know the lake? Test your knowledge and find out.

Here's a quiz to see how well you know The Lake. It tests how well you've observed the chart and recall it's details (no peeking).

1. Match these numbered marks with there locations. Connect with lines (10 points)

Marks	Locations
47	North end of Rattlesnake Is.
27	Middle Ground Shoal
26	Two Mile Is.
16	Southwestern Welch Is.
25	Parker Island
5	Belknap Point
76	One Mile Island
20	Southeastern Welch Is.
6	Milestone Point
19	The Witches

2. Name three of the Forty Islands. (3 pts.)

3. Which is further north Ship Is. or Moose Is. (1 pt) \_\_\_\_\_

4. What is the fastest way to reach Welch Island from Parker Island in a typical northwest wind? a) Sail to Rattlesnake Island then tack along it's side, then tack to Welch. b) Stay close to Umbrella point on Wolfboro Neck then stay on port tack to near Middle Ground Shoal then tack to Welch. c) Tack up the middle of the broads. (5 pts.) \_\_\_\_\_

5. How many Marks are there at Middle Ground Shoal? (2 pts.) \_\_\_\_\_

6. How many marks at "The 70's"? (2 pts.) \_\_\_\_\_

Maximum Score 23 points:

1-4 Points	..... fair
5-10	..... not bad
11-14	..... good
15-17	..... impressive
18-22	..... expert
21-23	..... wow

See page 8 for answers.



24th. The top two qualifiers went on to the Bliss Trophy.

There were eight competitors from Maine, New Hampshire, Rhode Island, Massachusetts, New Jersey and New York. The NSA encompasses Maine, New Hampshire and Vermont. Competitors are eligible until they reach the year in which they turn nineteen. This was Meg's last year of eligibility since she turned eighteen on Sunday August 4th.

Meg started sailing five years ago when she was dragged kicking and screaming to LWSA sailing lessons. She had never been on a sailboat, and in typical teenage fashion, could not believe that her parents would ruin her life by making her take lessons. She now thanks her parents for the lessons and sails every chance she gets.

Meg moved up through the LWSA sailing program and is currently the assistant instructor for the program. Meg feels that instructing has helped her sailing because she has had to consider all the aspects of sailing. Also she has had the basics drilled into her head everyday. Meg is able to listen to Laura's comments while Laura has been instructing and apply it to her own racing later.

Meg has had a good year of racing this year, taking first in the local Leiter Cup, racing for women 13 to 18 in Lasers with radial rigs. Meg decided to concentrate on the Smythe Cup this year and did not go on in the Leiter Cup. She also placed 2nd in the Lightning District Junior Championships with Dave Adams a CIT and student in the LWSA lesson program and Nick Mercier who sails out of Lake Massabesic. They qualified for a trip to New Orleans for the Lightning Junior North Americans but decided to forgo the trip this year because of scheduling conflicts.

The Lightning class defines a junior as someone who hasn't reached their 20th birthday, so they can still compete next year. Meg, Dave and

began precisely at 5:00 PM off the southwest corner of Welch Island. For the second year in a row, Time Bandit was nowhere to be found as the sequence began. It didn't seem to matter, they went on to win in the racing class. Resolve (Rich Destrempe's J40) with a rock-star crew, (boatyard rock stars) also put in an awesome performance but then you can see that yourself by perusing the results.

What you can't see by the results is the great job done by the race committee. Normally I wouldn't crow about officiating but in this case I think we provided service above and beyond the call of your average race committee. The evening was also a spaghetti benefit supper for the Winnepesaukee Skating Rink. Your race committee delivered 18 meals to competitors while they raced. This took a small feat of engineering and a good deal of power-boat finesse, not the average skills associated with a sailor.

Nick plan to campaign the Lightning next year and hope to travel to the North Americans. They competed in "Annie Oakley" a lightning owned by Nick.

Meg is going to be a senior at John Stark Regional High School this year and is looking at colleges with sailing programs. She would like to sail in college and would like to someday compete in the Olympics. Meg had hoped to be the first woman to compete in the Olympics in the Laser, but now that it is the mens single-handed class, Meg feels that she has a DNA problem. She hopes to compete in the Europe dingy or maybe the Australian dingy.

Meg will be competing in the Ned Cameron Memorial Regatta in Rockport, Massachusetts on August 9th & 10th. A Laser class regatta with over 100 boats expected. She is also going to apply to the Nautica USSA Youth Championship which

I would also be remiss in not mentioning the hospitality of the winning yacht in the cruising class. After we had delivered supper to the competitors, the crew on Wildflower fed us with a more than generous feast of shrimp. The quantity was so great that we could only consume half of what we were given. We then decided to spread the wealth by delivering shrimp and cocktail sauce to the lead racing yachts. Rumor has it that there's some amount of dissension aboard 20/20 who waived us off thinking we were delivering spaghetti when they discovered it was a shrimp delivery!! The bottom line is that we had a great time, this is a MUST event for next year.

One final word on Labor Day. We could use some help with cleanup, selling tickets and some of the other tasks that are necessary to make this a great time. See one of the officers to volunteer and come to this month's General Meeting to help plan a great event. ⚓

is by invitation only, sailed in Lasers. Meg's Laser is named "Yankee Dreamer" which seems to be an appropriate name. ⚓

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## Raffle

In an attempt to reduce our reliance on the Labor Day Auction, the LWSA is running a Raffle this year. First Prize is \$1,000, Second Prize is \$500, and Third Prize is \$250. Tickets are \$20 each and only 400 will be sold. The drawing will be Sunday afternoon of Labor Day Weekend. If each of our members takes responsibility for selling 8 tickets, we will sell out the whole raffle. To sweeten the pot, we will give \$100 to the person who sells the winning ticket. See Alan Kanegsberg, Ray Lanza, or Sue Sparks for tickets. We need to get tickets out to members to sell as soon as possible.

**Cruisers, Racers.... Join the**

**W o l f b o r o**

**Ice Cream Run**

**Ice Cream Run Start Times**

PHRF Start	PHRF Start	PHRF Start
299 13.00.13	239 13.13.10	179 13.26.07
298 13.00.25	238 13.13.24	178 13.26.21
297 13.00.39	237 13.13.36	177 13.26.34
296 13.00.52	236 13.13.49	176 13.26.46
295 13.01.04	235 13.14.03	175 13.27.00
294 13.01.18	234 13.14.15	174 13.27.13
293 13.01.30	233 13.14.28	173 13.27.25
292 13.01.43	232 13.14.42	172 13.27.39
291 13.01.57	231 13.14.54	171 13.27.52
290 13.02.09	230 13.15.07	170 13.28.04
289 13.02.22	229 13.15.19	169 13.28.18
288 13.02.36	228 13.15.33	168 13.28.30
287 13.02.48	227 13.15.46	167 13.28.43
286 13.03.01	226 13.15.58	166 13.28.57
285 13.03.15	225 13.16.12	165 13.29.09
284 13.03.27	224 13.16.25	164 13.29.22
283 13.03.40	223 13.16.37	163 13.29.36
282 13.03.54	222 13.16.51	162 13.29.48
281 13.04.06	221 13.17.04	161 13.30.01
280 13.04.19	220 13.17.16	160 13.30.15
279 13.04.31	219 13.17.30	159 13.30.27
278 13.04.45	218 13.17.42	158 13.30.40
277 13.04.58	217 13.17.55	157 13.30.54
276 13.05.10	216 13.18.09	156 13.31.06
275 13.05.24	215 13.18.21	155 13.31.19
274 13.05.37	214 13.18.34	154 13.31.31
273 13.05.49	213 13.18.48	153 13.31.45
272 13.06.03	212 13.19.00	152 13.31.58
271 13.06.16	211 13.19.13	151 13.32.10
270 13.06.28	210 13.19.27	150 13.32.24
269 13.06.42	209 13.19.39	149 13.32.37
268 13.06.54	208 13.19.52	148 13.32.49
267 13.07.07	207 13.20.06	147 13.33.03
266 13.07.21	206 13.20.18	146 13.33.16
265 13.07.33	205 13.20.31	145 13.33.28
264 13.07.46	204 13.20.43	144 13.33.42
263 13.08.00	203 13.20.57	143 13.33.54
262 13.08.12	202 13.21.10	142 13.34.07
261 13.08.25	201 13.21.22	141 13.34.21
260 13.08.39	200 13.21.36	140 13.34.33
259 13.08.51	199 13.21.49	139 13.34.46
258 13.09.04	198 13.22.01	138 13.35.00
257 13.09.18	197 13.22.15	137 13.35.12
256 13.09.30	196 13.22.28	136 13.35.25
255 13.09.43	195 13.22.40	135 13.35.39
254 13.09.55	194 13.22.54	134 13.35.51
253 13.10.09	193 13.23.06	133 13.36.04
252 13.10.22	192 13.23.19	132 13.36.18
251 13.10.34	191 13.23.33	131 13.36.30
250 13.10.48	190 13.23.45	130 13.36.43
249 13.11.01	189 13.23.58	129 13.36.55
248 13.11.13	188 13.24.12	128 13.37.09
247 13.11.27	187 13.24.24	127 13.37.22
246 13.11.40	186 13.24.37	126 13.37.34
245 13.11.52	185 13.24.51	125 13.37.48
244 13.12.06	184 13.25.03	124 13.38.01
243 13.12.18	183 13.25.16	99 13.43.25
242 13.12.31	182 13.25.30	96 13.44.04
241 13.12.45	181 13.25.42	84 13.46.39
240 13.12.57	180 13.25.55	24 13.59.37

Entry Fee: .....None  
 Registration: .....None  
 How to Enter: .....Show up  
 Who Can Enter: .....Anyone with  
   a PHRF rated boat \*\*  
 When: .....August 24 Saturday afternoon  
 Why: .....Fun

**Instructions:** 1. Find your PHRF Rating in the accompanying list, and write down your starting time.  
 2. Leave marker #26 (between Lockes Is. and Belknap Point) to port at your starting time -scout's honor.  
 3. Sail toward Wolfboro.  
 4. The first boat to cross an imaginary line between marker #21 at Sewell Point and the northern tip of Little Barndoor Island marker #66 wins.

enjoy Wolfboro. Participants proceed home on their own schedule.

Prizes:  
 First Place- Ice Cream Cone of your choice at PJ's Wolfboro for your entire crew. Separate prizes Racing & Cruising

*\*If you've never won a race before you could win this one*

--

Upon arrival at Wolfboro you will be directed by our Docking Master to proceed to either the town dock or to anchor off the Dock. Shuttle transportation will be provided. Monitor Channel 69 for direction. An Ice Cream gala and the awards presentation will take place at PJ's on the town dock. Shuttle Service will be provided for about 2 hours thereafter if you are anchored, so you can

That's because we "stacked the deck". The start times are based upon PHRF times two so that the slower boats have the advantage. If a boat normally owes you a minute a mile, they now owe you 2 minutes a mile. Hot boat owners, take it as an extra challenge

\*\* Don't know your rating? Ask Ray Lanza. 603-881-5844 evenings

**Membership Expiration**

Please check the address label on this Broad Reach. If you have been a member within the last four years, the date your membership expires is indicated.



*Mischief Maker in The Night Owl Express photo Michael Herz*

## Results Night Owl Express

Yacht	Skipper	PHRF	Eltime	Corr. Pts.	Place
<b>Racing</b>					
TIME BANDIT	Kanegsberg	126	5:3918	5:2615	0.75 1
RESOLVE	Destrempe	87	5:2711	5:3351	2.00 2
MISCHIEF MAKER	Mackey	132	5:5207	5:3535	3.00 3
SHAMROCK III	Mullen	84	5:3935	5:4809	4.00 4
BLUES POWER	Lemaire	114	5:5928	5:5153	5.00 5
20/20	Friedel	24*	5:2115	6:0347	6.00 6
GOOD STUFF	Nickerson	171*	6:4410	6:0421	7.00 7
SHELBY MARIE	Azzara	147*	7:2051	6:5107	8.00 8
<b>Cruising</b>					
WILDFLOWER	Fuller	189	5:4600	5:0419	0.75 1
THE LILY PAD	Saliga	240	6:2832	5:1940	2.00 2
SEASCAPE	Weiner	153*	6:0644	5:3905	3.00 3
SAILAWAY 2	Silloway	168*	6:5208	6:1306	4.00 4

\* Uncertified handicap (Non-PHRF Member)

## Answer for the Lake Quiz pg. 4

1. Marks
  - 47 Southwestern Welch Island
  - 27 The Witches
  - 26 Belknap Point
  - 16 Middle Ground Shoal
  - 25 Northend of Rattlesnake Is.
  - 5 One Mile Island
  - 76 Southeastern Welch Island
  - 20 Parker Island
  - 6 Two Mile Island
  - 19 Milstone Point

### 2. The Forty Islands:(As listed on The Chart)

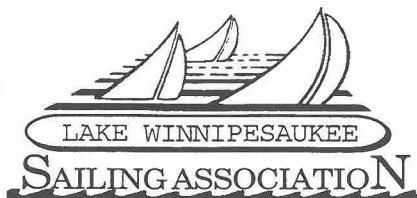
- Duds
- Kineo
- Fish
- Pop's
- Breezy

### 3. Ship Island is North of Moose Island.

4. Parker to Welch. The answer is a) Tack along Rattlesnake Island then up the lake. The key phrase is typical northwest wind which is oscillating. On a body of water without shores, the ocean for example, the correct strategy is b), to stay in the middle of the course and tack on headers. However, Rattlesnake Island creates extra headers and is not far from the rumb line. This is because a north-west wind bends around Rattlesnake and travels almost parallel down it's shoreline. As you approach on starboard tack you'll be headed. Tack and your lifted. When you lose the lift tack back and pick up another header. If you've timed the oscillations on the way from Parker, you'll know when the natural headers are coming. Get in phase with these and you'll get extra lift time.

### 5. There are five marks at Middle Ground Shoal.

### 6. There are four marks at "The 70's".



P.O. Box 7047  
Gilford, NH 03247

*Postmaster: Address Corrections  
Requested*

**TO:**

*START' The '96 SEASON POWERED BY*



- **Furling Systems**
- **Spider Series Racing Sails**
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